

Personal Collection.



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Run Personal.

Run Personal represents the state of the art for anyone seeking a professional cardio exercise experience and highly engaging multi-media entertainment.

The perfect synthesis of cutting edge technology, inimitable design and highly innovative materials, this item is ideal for the home, a hotel, spa and all environments dedicated to wellness.

RECOMMENDED FOR:

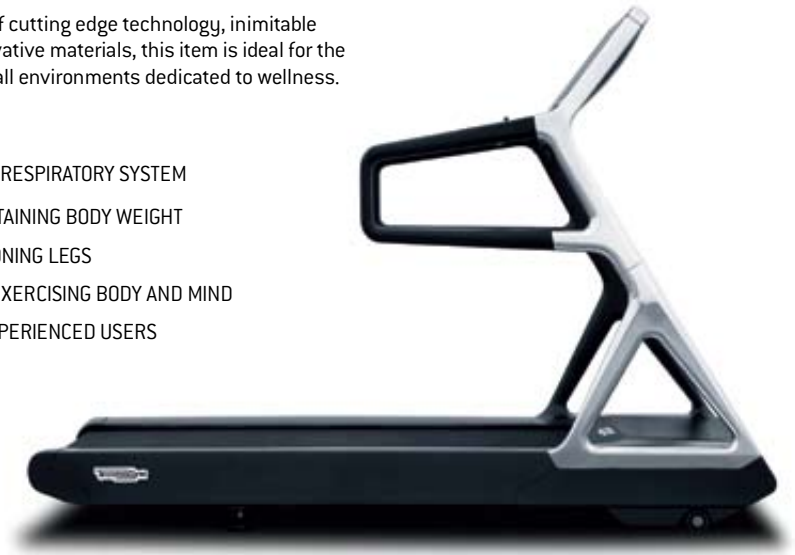
IMPROVING THE CARDIO-RESPIRATORY SYSTEM

WEIGHT LOSS AND MAINTAINING BODY WEIGHT

STRENGTHENING AND TONING LEGS

COMBATING STRESS BY EXERCISING BODY AND MIND

FOR BEGINNERS AND EXPERIENCED USERS



Product pluses:

Maximum fun and user-friendliness

Exercising and the many entertainment options are controlled using the VISIOWEB digital platform, for easy, absorbing exercising.

Design and functionality

19" touch-screen tempered glass integrated display, polished aluminium frame and soft-touch plastics for optimum grip on the side handles.

Performance and safety

Central support handle, large running surface with shock absorbers and joystick for regulating speed and gradient without moving away from the exercising position. Runner Detection Function stop system, for stopping when not in use and emergency STOP button.

Discover all of the details of Run Personal with the 360° Virtual Tour.

www.technogym.com/RunPersonal

Technical informations

Dimensions (W x L x H) in cm 80 x 201 x 147

Dimensions (W x L x H) in in 31" x 79" x 58"

Equipment weight: (Kg) 164 (lbs) 362

Running surface (W x L) in cm 51 x 145 (W x L) in in 20 x 57

Running surface height above ground (cm) 20 (in) 8"

Speed (Km/h): from 0.4 to 18 (Mph) 0.2 - 11.2

Gradient (%): from 0 to 15

Power supply (VAC): up to 180 - 265

Motor power (HP): 4.0 (AC)

Max. power consumption (VA): 2200

Max. user height (cm): 210 (in) 6' 9"

Max. user weight (Kg): 150 (lbs) 331

Number of programmes: 16

Training programmes: Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6), Custom Speed, Custom Pace, Interval Training, Training Zone, Weight Loss

Test: Fitness Test

Goal Training: Time, Calories, Distance

Heart rate monitoring: Hand Sensor, Telemetry.

Standard functions and accessories: VISIOWEB, Fast Track

Control, Goal Oriented Display, Calorie Coach, Long Life Deck,

Runner Detection System, Plug&Play System, Real Time Speed

Control, Language Selection, Telemetric heart rate monitor, User

manual and Maintenance kit



Recline Personal.

Recline Personal is the latest in a line of personal exercise equipment that takes fitness to a whole new level. It's the first to offer Visioweb, a multimedia interface, that allows you to read e-mails, navigate the web, reach your Facebook page directly on its 15.6-inch screen. So it virtually eliminates any excuse that you're too busy to work out.

The ergonomic adjustable seat designed by Vitra, the furniture company renowned worldwide for its cutting-edge design solutions, also ensures that correct posture is maintained, without tiring the back muscles. This remarkable machine integrates performance and style, biomechanical excellence and innovation. In short, the perfect balance of shape, color and innovative materials.

RECOMMENDED FOR:

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STRENGTHENING AND TONING LEGS

COMBATING STRESS BY EXERCISING BODY AND MIND

FOR BEGINNERS AND EXPERIENCED USERS



Product pluses:

Maximum fun and user-friendliness

Exercising and the many entertainment options are controlled using the VISIOWEB digital platform, for easy, absorbing exercising.

Design and functionality

15,6" touch-screen tempered glass integrated display, polished aluminium frame and soft-touch plastics for optimum grip on the side handles.

Technical informations

Dimensions (W x L x H) in cm 143 x 57 x 138

Equipment weight: (Kg) 85 (lbs) 187

Level of difficulty: from 1 to 12

Resistance: from 40 to 500 (at 70 RPM)

Power supply (VAC): up to 90 - 264

Max. power consumption (VA): 50

Max. user weight (Kg): 150 (lbs) 330

Number of programmes: 20

Training programmes: Quick Start, Goals (Time; Distance; Calories), CPR, Profiles (6 preset, 9 customizable)

Test: Fitness Test

Goal Training: Time, Calories, Distance

Heart rate monitoring: Hand Sensor, Telemetry.

Standard functions and accessories: Telemetric heart rate monitor, User manual and Maintenance kit

Kinesis Personal.

Kinesis Personal is the first piece of designer gym furniture for the home and environments dedicated to people's psychophysical wellbeing.

It marks a return to the origins of human movement because it rediscovers fundamental motor abilities: resistance, balance, strength and flexibility.

WITH KINESIS PERSONAL IMPROVE:

STRENGTH

STAMINA

FLEXIBILITY

POSTURE CONTROL

BREATHING CONTROL

Product pluses:

Quiet and safe

The resistance applied is regulated by a sophisticated, technological and patented innovation, whereby a system of forces gradually and smoothly increases the resistance in total safety.

Ergonomic

The monococque arms - fine polished aluminium alloy, supporting the cables - are the product of Technogym's technological expertise. Each arm has three rotating pulleys that the cable slides through during outward and return movements.

The comfortable handgrip is magnetic and, when in the rest position, can be attached to the rotating pulleys.

FullGravity

Now movement knows no limits thanks to Technogym's international patent. The pivoting pulley system provides a smooth range of movements in all dimensions.

Display

The workload can be selected with one touch using the stylish and minimal interface. You simply rotate the setting located in the middle of the wall to display the resistance level (0-20) on the Soft Touch Digital Display.



Technical informations

Dimensions (W x L x H) in cm 45 x 170 x 210 (closed)

115 x 170 x 210 (during operation)

(W x L x H) in in 18" x 67" x 83" (closed)

45" x 67" x 83" (during operation)

Width: (cm) 115 (in) 45"

Minimum frontage required for use: (m) 2 (in) 79"

Equipment weight:

(Kg) 230 (Heritage) 280 (Vision)

(lbs) 507 (Heritage) 617 (Vision)

Resistance levels: from 0 a 20

Power supply (VAC): 110 - 220

Standard functions and accessories: Wellness Ball, 2 x Revolving Attachments, 2 x Ankle straps, Exercise and Wellness Life Style DVD, User manual, Exercise manual



Kinesis Personal. **Vision**

The VISION Version wall is made of three steel panels applied to a rigid structural support which reflect the mirror image without distortion.

The mirror effect allows an immediate posture check while exercising.



Kinesis Personal. **Heritage Black**

The covering panel is made of wood treated with a special paint to make it unalterable with the passage of time and to give the surface an attractive leather look. The American oak wall bars are selected individually by craftsmen who assess their quality.



Kinesis Personal. **Heritage Gold**

The GOLD Version panel is made of wood covered with sheets of gold colour leaf, applied by hand using a craft technique. The gilding process takes 60 hours and makes the product a "Limited Edition".



Kinesis Personal. **Heritage Cream**

The CREAM Version panel is treated with a special paint for a leather effect.
The surface is smooth and velvety to the touch.
The cream colour makes the product particularly elegant and fashionable.



Kinesis Personal. **Leather**

The surface of the panel is made of full grain leather, carefully selected and applied by hand by craftsmen. The angled stitching is also by craftsmen and particular attention is paid to details and to leather joins.



Unica.

The most complete item of equipment for physical fitness and strengthening muscles, allowing more than 25 different exercises to be done in just one and a half square metres of space.

A piece of equipment designed and built with the same materials as commercial gym equipment, with a refined and elegant design. Also available in the Trainer version with Wellness Mate Computer (Integrated Personal Trainer).

RECOMMENDED FOR:

TARGETED MUSCLE STRENGTHENING

GENERAL FITNESS TRAINING

PHYSICAL PREPARATION FOR SPORTS

IMPROVING FLEXIBILITY AND POSTURE

Product pluses

More than 25 exercises

Guided and preset movements involving all of the major muscle groups.

Biomechanics and safety

Biomechanics and the easy start system allow correct, safe use of the equipment even for less experienced users.

Comfort and functionality

Adjustable seat, large anatomical backrest, ergonomic padding and non-slip handgrips.

Unique design

A real classic in terms of Technogym design, it complements any interior.



Technical informations

Dimensions (W x L x H) in cm 180 x 117 x 207

204 x 160 x 207 (during operation)

(W x L x H) in in 71" x 46" x 81"

80" x 63" x 81" (during operation)

Equipment weight: (Kg) 269 (lbs) 593

Weight stack: from 5 to 90 (+5 Kg)

Power supply (VAC): 110 - 220 (Trainer version)

Standard functions and accessories: Stretching mat, ankle strap, pulley handle and standard handle, exercise manual, DVD and maintenance kit

Optional accessories: Wellness Mate and Wellness Link for Wellness System key, for using Technogym Personal Trainer services

		Upholstery		
Frame			Md. Bordeaux	Na. black
NA. BLACK				
Frame				
AL. SILVER				

For information and purchases, or for requesting
the complete Wellness Collection catalogue,
visit our website **www.technogym.com**

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